

COMMUNICATION AND DIALOGUE IN THE NINE MONTHS

A guide to active listening, dialogue, and psycho-tactile communication with the child during gestation.



This book deals with the mysterious subject of communication and secret dialogue between mother and baby, parents, and child, during gestation.

The encounter with the unborn child is the beginning of human life's journey towards self-realisation. With respect to this life impulse, the key task for everyone is to extend the standard definition of the life cycle to the pre-natal experience, since it is an indivisible part of it, it is what shapes us and determines who we are and what we will become (P. F. Freyberg).

The author, with her characteristic pleasantly fluent and familiar language, takes parents by the hand and accompanies them, month by month, on a path of knowledge and contact with the child, at the same time providing them with simple tools for understanding and dealing with issues relating to relationships,

communication, labour, and birth, also linking them to the latest scientific discoveries in the field of medicine and prenatal psychology.

By means of a programme of daily work with the Bonding exercises, it guides them in learning how to actively listen and dialogue with the unborn child, leading them to discover its resources and potential, relating affectively to it in order to provide it, right from the prenatal life, with those stimuli and those qualities of containment that are indispensable for the baby to grow up feeling welcomed, accepted and loved.

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The child communicates if he feels loved.

He feels loved when he feels accepted.

He feels accepted when he feels understood.

He feels understood when he feels listened to.

He feels listened to when his mother feels what he feels
and shows it to him.

If the child feels heard, understood, and accepted,
then he will also feel loved
and will accept communication.

GABRIELLA A. FERRARI

At every moment, Mother, your heart speaks to me
and also your gentle voice I often listen to.
Your heart... your heart... it beats together with mine,
it tells me everything about you, nothing about you escapes me.
His wave enchants me when father is with us,
His deep voice gives me security.
From afar it comes to me so that I may expand my love
And when I am born I know how to find
that Infinite Heart that will speak with mine.

EDI MIGLIORINI